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Frequently Asked Questions about Blepharitis

What is blepharitis?

Blepharitis is the inflammation of the clavicle from which the lashes rise. It is a chronic disease with bouts and recesses that affect the upper and lower eyelid of both eyes. It can affect men and women of all ages.

How is blepharitis caused?

There are several types of blepharitis due to inflammation, swelling and irritation of the clavicle. Often, there is a dysfunction of the dimabamian glands located inside the eyelids, which causes them to clog and the composition of their fatty exudate to change. Blepharitis can be aggravated in a dusty, smoky and dry environment, while prolonged use of an electronic computer and contact lenses is aggravating.

What are the symptoms of blepharitis?

Eye discharge with crest of the eyelids.
Eyelashes that stick together.
Feeling burning, sand, foreign body, dryness.
Dickry.
Eyes slightly red.

The above events can be shown either individually or all at the same time with a different intensity.



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How is blepharitis treated?

Blepharitis usually responds well to cleansing-hygiene of the eyelashes. This is most effective when made with special products (foam-wipes) that are commercially available.

It is also very important to massage the eyelids with warm patches so that the meibomoid glands in the eyelids and the oily fluid that circulates freely.

Many times and particularly in cases where eye and eyelid disorders occur (demodex infection, keratitis, severe inflammation of the conjunctiva, allergies etc.), artificial tears and other special pads are required for better control of the disease.

The Ophthalmology clinic of Theodoros Lalia has special diagnostic tests and personalized therapies for each type of blepharitis.